**Outline**

1. **Central Message:** between 100 and 150 words.
2. **Material and Methods:** 
   1. All that you use for validating your proposal.
3. **Summarize the questions and problems:** between 150 and 250 words  
   **List the key points pertaining to the question(s) and problem(s):**
   1. ……

**What did authors do to answer the question(s):**

1. …..
2. **Define the principal findings and results:**
   * 1. …...
3. **Describe the conclusions and implications:**
   * 1. ……….